

*The circus, roller coasters, round-the-world travel* and those crazy aliens...NED's adventure on the way to your school was an entertaining tale that engaged students and left them with a memorable message. We encourage you to take a step further with the lessons shared to impart a deeper understanding of what it means to **NEVER GIVE UP**, **ENCOURAGE OTHERS** and **DO YOUR BEST**. This recap page and the curriculum that follows offers suggestions for helping students reflect on how NED's tips can be used at school, home and in life.

### *A few ideas to get you started*

- 1 Write N - E - D on the board and ask students to recall what tip NED gave for each letter.
- 2 Have students work independently or with a partner to match up the 9 scenarios on the worksheet with the tip that best describes it. There may be more than one correct answer, so students may need to use multiple arrows for some scenarios.
- 3 Go over the responses as a group and ask why they made those choices.
- 4 Ask students to recall a time they have used one of NED's tips.
- 5 Draw three large t-shirts on large butcher paper and hang them on the wall. Write an N on the first, E on the 2nd and D on the 3rd. Have students cut pictures out of magazines or draw their own to represent things that represent the ideas on each shirt.

Visit [www.theNEDshow.com/curriculum](http://www.theNEDshow.com/curriculum) for additional grades & resources.

### CHAMPION Challenges



**Secretly do something nice** for someone else. Champions will be happy knowing they've helped to make someone's day better even if no one else knows about this champion choice.

Every time you want to quit, **decide to try five more times** or find someone to help you.

**Smile at everyone** you meet for one whole day. Watch what happens!

**Have a Positive Day!** For one full day, stop yourself when a negative thought comes to mind and turn it into a positive thought. Say only kind things to others, be extra polite, let others go first, pick things up for someone, invite others to play who are along, smile a lot, stop gossip and give a hug.

### Teacher Tip

Consider coming up with an incentive at the end of the week for students who take one of the Champion Challenges and succeed.

*Never give up • Encourage others • Do your best®*

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Each t-shirt is labeled with one of **NED**'s big ideas on how to be a champion. Read each scenario and draw a line to the t-shirt you think best represents the **NED** tip listed under the t-shirt. (There may be more than one answer!)



1. You read for an hour longer than required.
2. You studied hard and got your best grade!
3. You invited a child standing alone at recess to come play with you.
4. You took the time to use your best handwriting.
5. A friend or family member hurt your feelings and you chose to work it out.
6. You told a friend they have nice writing.
7. You helped a classmate understand their math.
8. You kept trying until you made it all the way across the monkey bars.
9. You loaded and unloaded the dishwasher without being asked.

In the space below, draw a picture and write a short sentence about a time you chose one of **NED**'s tips. Share it with a friend when you are finished.

