Create a Kindness Day at your school

Activities to make an all-school celebration of kindness for a day, a week or EVERY DAY!

KINDNESS IN ACTION: TAG SWAP (all-school)
Give every student five tags of the same color (color coded by grade level). Throughout the day, students can get a neck tag from another student by doing an act of kindness toward them. By the end of the day, can they have five different colors, as they did kind acts for all ages at the school? Give staff a color too! Join in the swap!

MORNING ANNOUNCEMENTS (all-school)
Make it a “Keep Kindness Going” week at school! Read an announcement every day of the week to reinforce the theme.

KINDNESS CARDS (primary and intermediate versions)
Track acts of kindness according to instructions on each “punch card.” How many acts of a kindness can your school do in a day?

SCAVENGER HUNT (intermediate grades)
Students “collect” kind actions, with this twist on a scavenger hunt.

KEEP KINDNESS GOING LESSON PLANS (grades K-6)
Seven book-based lessons feature the concept of “Paying-It-Forward” through kind actions.

SERVICE PROJECT GUIDE (grades K-6)
Plan a service project with our Teacher’s Guide! Add your school’s project to NED’s Keep Kindness Going Gallery at www.theNEDshow.com.

KINDNESS DAY POSTER

BULLETIN BOARD KIT

KINDNESS BUTTONS
Did you know you can purchase NED’s kindness buttons for your school? Visit www.thenedshow.com/shop_ned. Use them as a reward or incentive to encourage your students as they pay kindness forward!
Complete the challenge! Initial the card! Pass it on! Return cards at the end of day.

How many acts of kindness can your school do in one day? In one week?

Share a kind smile.
Compliment someone on their school work.
Help someone.
Say “hi” to someone you don’t usually talk to.
Play with someone you didn’t play with yesterday.

Write your own:
Complete the challenge!
Initial the card! Pass it on!
Return cards at the end of day.

How many acts of kindness can your school do in one day? In one week?

Talk to someone you didn’t talk to yesterday.

Ask someone if you can help him/her.

Ask someone about her/his day.
(Show them you care by listening closely!)

Make someone laugh.

Give someone an encouraging note.

Find a way to make someone feel good about himself/herself.