



Intermediate Lesson Plans

Ideal for Grades 3-6

Lesson Plans

About Paying-It-Forward

Every Lesson:

- Identifies **key vocabulary** and tricky phrasing
- Includes **discussion starters** and **questions to check for understanding**
- Features engaging **writing prompts**
- Includes **activities** and at least one **printable activity** or resource

Aligned to **Common Standards**

Every lesson plan aligns with grade-level standards in **Reading, Writing, Speaking & Listening and Literacy**.
Every lesson plan supports **ASCA Mindsets & Behaviors**.

Seven book-based lesson plans featuring the concept of 'Paying-It-Forward' through kind actions.

IDEAL FOR INTERMEDIATE 3-6 LESSON PLANS

Book Title and Author	Printable Activities	Big Ideas
 <p>Pay It Forward Kids: Small Acts, Big Change Nancy Runstedler</p>		Acts of Kindness Encourage Others
CHAPTER 3: Giving the Gift of Sight	<ul style="list-style-type: none"> • Giving Is Their Business: <i>Philanthropic research guide</i> • Service Project Tools: <i>Teacher's Guide, Eye Glasses Drive, Collection Box Label & Goal Sheet</i> 	
CHAPTER 4: A Home in Her Heart for the Homeless	<ul style="list-style-type: none"> • Giving Is Their Business: <i>Philanthropic research guide</i> • Service Project Tools: <i>Teacher's Guide: Sports Equipment Drive, Collection Box Label & Goal Sheet</i> 	
CHAPTER 11: Making the World a Better Place, One Book at a Time	<ul style="list-style-type: none"> • NED's Newspaper: <i>Writing about an act of kindness with the five Ws</i> • Service Project Tools: <i>Teacher's Guide, Children's Book Drive, Collection Box Label & Goal Sheet</i> 	
CHAPTER 12: Play it Forward	<ul style="list-style-type: none"> • Giving Is Their Business: <i>Philanthropic research guide</i> • Service Project Tools: <i>Teacher's Guide: Coin Drive, Collection Box Label & Goal Sheet</i> 	



K-6 Video & Lesson Plan

Color Your World with Kindness 2:13 mins
©2013 by A Better World

- **Flow Chart:** *Record kind acts as they are passed along*

IDEAL FOR PRIMARY K-2 LESSON PLANS

 <p>Kindness is Cooler, Mrs. Ruler Margery Cuyler Illustrated by Sachiko Yoshikawa</p>	<p>ideal for (K)</p> <ul style="list-style-type: none"> • Write and Color: <i>Student ideas on how to keep kindness going</i> • NED's Number Line: <i>Use to count acts of kindness in the classroom</i> 	Encourage Others Acts of Kindness Sharing & Helping Happiness & Joy Service Projects Preventing Bullying Pay-It-Forward
 <p>The Kindness Quilt Nancy Elizabeth Wallace</p>	<ul style="list-style-type: none"> • I did it! <i>Writing about an act of kindness with the five Ws</i> • Kindness Jar Label: <i>Collect acts of kindness and celebrate success</i> 	
 <p>Each Kindness Jaqueline Woodson Illustrated by E.B. Lewis</p>	<ul style="list-style-type: none"> • Pay-It-Forward Kindness Chart: <i>Brainstorm and record ideas</i> • Ripples of Kindness: <i>Start a ripple with an act of kindness</i> 	



Video Lesson Plan

Color Your World with Kindness

Themes

- Encourage Others
- Acts of Kindness
- Sharing & Helping
- Happiness & Joy
- Preventing Bullying
- Pay-It-Forward



www.thenedshow.com/kindness

Is it possible to Color Your World with Kindness? This delightful, two-minute animated video by “A Better World” demonstrates that small acts of kindness can indeed change feelings and attitudes of others the whole world ‘round!

Animated video: ©2013 by A Better World
Learn more about A Better World at ABetterWorld.com

Discussion Starters

1. Recall the four events that kept kindness going in the video.



2. Describe how each kind act impacted the recipient.

Answers with vary. Stopped crying, went from sad to happy, smiles, gained confidence, heartwarming, less grumpy, contented, polite, joyful, etc.

3. Why do you think the video was titled “Color Your World with Kindness”? When color was added to the video – what feelings were conveyed?

Answers will vary.

4. Have you ever had someone do a kind act like this for you? How did you feel when someone did something unexpectedly kind for you?

Allow students to share similar stories.

5. How does it feel when someone is unkind to you? How does it feel when you are unkind to someone? What do you gain by saying and doing unkind things?

Answers will vary.



Video Lesson Plan

Color Your World with Kindness



For lesson plans, a classroom video, bulletin board kit and student activities see our original lesson plan unit **Preventing Bullying** available at: www.thenedshow.com/bullying

6. Describe the relationship between the person who acts kindly and the person who receives kindness, from each scenario in the video.

The boy and girl were probably students at same school and knew each other – they were sitting next to each other at lunch. Others did not seem to even know each other.

7. Should we only be kind to kids we know? Why or why not? How could it help make our school a safer place if more kids were kind to others? Teacher Note: Be prepared to discuss “stranger danger” and only doing acts of kindness to strangers in the presence of a safe adult.

8. Should we be kind to kids at school who are unkind to us? What about being kind to a bully?

9. What might happen if everyone was kind to the school bully? Do you believe that kindness has the power to change how a bully feels and acts?

Activities

More than Nice!

Brainstorm a list of positive, “feel good” words appropriate for the age of your students. Create a class word chart so that students have multiple word choices to use when talking and writing about positive feelings. Suggest older students create their own wordle (see the free word cloud generator at www.wordle.net).

Pay It Forward

What can you do to keep kindness going? Kindness has the power to change how people feel, think, and treat others. Try being kind to someone who has been unkind to you and see where it goes. Record each act on the printable provided.

Additional Bullying Prevention Support

Have a discussion with your students about NEVER GIVING UP on helping their school to be safe. ENCOURAGE them to be Upstanders when they see unkind acts and DO THEIR BEST to be kind to all kids - even a bully. Could a simple act of kindness have an impact on how a bully thinks, speaks, and acts? What if all kids in the school were kind to the bully?

For more support - Use NED's Preventing Bullying video and lesson plans at www.thenedshow.com/bullying.



PRINTABLE:
Flow Chart

Additional Resources

For more info...

A Better World website:
ABetterWorld.com

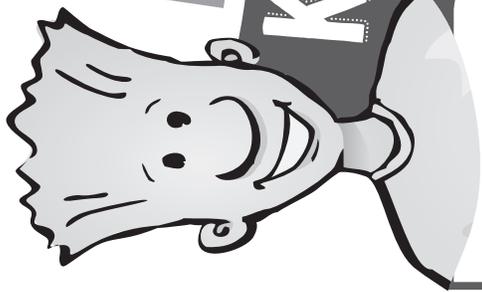
Create a Kindness Day at Your School!

Check out all the activities, available at www.thenedshow.com/kindness, for creating an all-school celebration of kindness at your school! Daily announcements, a poster, a bulletin board kit, kindness cards and more can help kick start a Kindness Day!



Kindness Button

Did you know you can purchase NED's kindness buttons for your class? Visit www.thenedshow.com/shop_ned. Use them as a reward or incentive to encourage your students as they pay kindness forward!



KEEP KINDNESS GOING

Directions: Show someone kindness! Then, describe your act of kindness in the first box and pass the paper on to someone else in order to keep the kindness going!

My Act of Kindness

My Name: _____



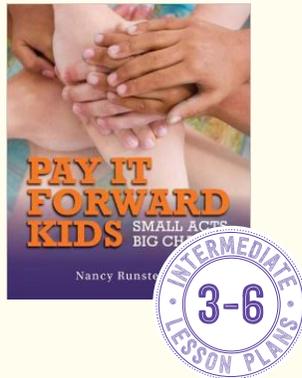
Pay It Forward Kids: Small Acts, Big Change

CHAPTER 11: MAKING THE WORLD A BETTER PLACE, ONE BOOK AT A TIME

by Nancy Runstedler

Themes

- Encourage Others
- Love of Reading
- Kindness
- Pay-It-Forward
- Community Service
- Donations
- Book Drive



The smallest act of kindness can encourage others and create a chain reaction. This book features the individual stories of young men and women such as Maria Keller from Minnesota (Chapter 11). At age 8, she felt it was unfair that some kids didn't have books to read. Her story tells how her love to read and compassion for others inspired her to gather book donations and distribute to kids who didn't have books.

Key Vocabulary

- Underprivileged children:** those that don't have the same opportunities as other children – often because of finances
- Teetering piles:** wobbly or unsteady
- Donations:** a gift of something given rather than purchased
- Recruited:** to invite to join your group
- Categorizing:** to arrange or organize by common groupings
- Philanthropy:** an effort to do good for others
- Scarce:** in short supply, not enough

Discussion Starters

- 1. Describe Maria's passion for books.**
She loved to read. She was surrounded by books and loved falling into stories and getting lost in the adventure. She knew that reading helped her perform better in all subjects at school.
- 2. How did Maria choose to encourage other kids?**
She felt bad that some kids did not have books. She wanted to help encourage others by giving them books so they would have the choice to be able to read just like she did so she started collecting books to share.
- 3. How did Maria get all the books she gave away?**
Donations, word of mouth, publishers, authors, public. She had collection drives to gather books from a lot of different sources.
- 4. Who did she give the books to?**
Children at schools, homeless shelters, food banks, orphanages, churches, hospitals, non-profit organizations...even books to prisons, nursing home.
- 5. How did she pay for the expenses of storing the books and shipping the books?**
She requested money donations from individual donors and grants to cover the extra costs.
- 6. What is Maria most proud of?**
It's not the number of books she has collected but that kids get to keep the books - it makes her happy when she sees them thankful and happy. The E in NED's name reminds us to encourage others and be a champion in life. Maria is a NED Champion. She hopes her pay-it-forward efforts will help other kids to love books as much as she does. She hopes they will someday PAY IT FORWARD to another person by giving them a book!

PAY-IT-FORWARD

When your school had The NED Show, most likely it was gifted to you by another school. So...when you bought a yo-yo after the assembly, you helped pay-it-forward to the next school. Now that's keeping kindness going!

Aligned to Common Standards

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Pay It Forward Kids: Small Acts, Big Change

CHAPTER 11: MAKING THE WORLD A BETTER PLACE, ONE BOOK AT A TIME

by Nancy Runstedler

PRINTABLE:

NED's Newspaper

Writing Prompts

Practice writing a news report on your book drive event. As a reporter, be sure to include all the highlights (who, what, when, where, why and how). If you were to include one photo what would it be? Include a strong, catchy headline and draw a picture with a caption.

Activities

Planning a Pay-It-Forward Event: Children's Book Drive

Start a class discussion about what it takes to have a children's book drive. Allow students to freely brainstorm as you facilitate the discussion and helps them organize their thinking. Encourage them to think about ALL the details! We have provided a teacher's guide to help you get started.

Promo Flyer

Design a flyer that promotes your event. Include interesting words, pertinent information and appealing visuals so your audience will want to read your ad. Be sure to include the information listed to the right.

Share

Tell us about your project (send us a photo and description) and it will be added to **NED's Keep Kindness Going Gallery** at www.theNEDshow.com/keepkindnessgoing. We may even select your project to receive a small donation from the All for KIDZ employee Pay-It-Forward Fund.

THE PROMO FLYER

Include the following info:

1. SCHOOL/CLASS NAME
2. NAME OF THE EVENT
3. DATES (START AND END)
4. WHY WE ARE DOING THIS
5. OUR END GOAL

Additional Resources

For more info...

Maria Keller:

- www.readindeed.org
- readindeedforkids@yahoo.com
- www.facebook.com/readindeed

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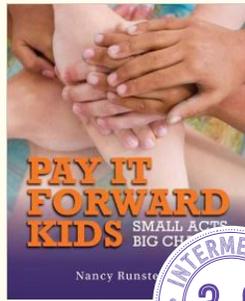
Pay It Forward Kids: Small Acts, Big Change

CHAPTER 3: GIVING THE GIFT OF SIGHT

by Nancy Runstedler

Themes

- Encourage Others
- Kindness
- Pay-It-Forward
- Community Service
- Donations
- Eye Glass Drive



This book features the individual stories of young men and women such as Yash Gupta from California (Chapter 3). As an eyeglass wearer, he researched and learned that there are millions of people around the world; many of them children, who were not getting a proper education because they couldn't afford to get glasses and couldn't see properly. He started collecting used glasses and developed a website to help match people with eye glasses. Yash is using his passion as motivation to pay-it-forward to those in need.

Key Vocabulary

Invisible: not seen, hidden from view or hardly noticeable

Perceived: to become aware of or to notice

Disadvantaged students: unfavorable condition or circumstance – such as financial need

Donor: someone who gives or donates to an organization or fund

Optometrist: a person who examines eyes and prescribes eye glasses if needed

Nonprofit organization: a business organization not set up to make money but rather to help a cause or meet a need

Discussion Starters

1. What did Yash learn when his own eyeglasses broke?

He discovered that his learning was impacted when he couldn't see, became easily distracted in the classroom, learned it was difficult to learn without proper vision, recognized how lucky he was to be able to correct his own vision with eyeglasses.

2. Why do some children not have glasses to see properly?

They can't afford them. Eye glasses are expensive.

3. What did Yash attempt to do to solve the problem?

Collected used glasses and set up organization to help distribute to needy people. Partnered with organizations to run eye clinics where free glasses could be matched to needy people.

4. Why do you think he didn't just raise money to buy new glasses for those kids?

Answers will vary. Eye glasses can be expensive. Why not recycle glasses just thrown away. Research showed that thousands of glasses were being discarded. It was EASY to collect throwaways – not so easy to collect money. People more generous to give used glasses rather than money for new glasses.

5. What inspired Yash? How did he feel when he was delivering glasses to the needy?

He was inspired by smiling faces, happiness and emotions of those receiving the glasses. It felt great when he encouraged others and paid kindness forward to people he didn't know.

6. What would NED say about Yash's story? Find examples of N.E.D in the text.

Answers will vary...

NEVER GIVE UP: worked very hard to gather glasses and start his organization, In 2014, he reached his goal to collect and distribute more than \$1,000,000 worth of used glasses to students around the

pay-it-FORWARD

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Pay It Forward Kids: Small Acts, Big Change

CHAPTER 3: GIVING THE GIFT OF SIGHT

by Nancy Runstedler

world. NOT stopping!

ENCOURAGE OTHERS: wanted to help disadvantaged youth who needed glasses, loves to deliver glasses himself to see their excitement and happiness

DO YOUR BEST: Recognized with many awards for doing his best: Hasbro Community Action Hero, ABC 7 Eyewitness News Cool Kid, Presidential Volunteer Service Award

Writing Prompt

Do you have a dream about something you can do to encourage others and pay-it-forward? Write about and include your thoughts and ideas on how to make it actually happen.

Activities

Planning a Pay-It-Forward Event: Eye Glass Collection

Class discussion about what it takes to have an Eye Glass Collection. Allow students to freely brainstorm as you facilitate the discussion and helps them organize their thinking. Encourage them to think about ALL the details! We have provided a teacher's guide to help you get started.

Promo Flyer

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Research

Research other philanthropic groups. Use the printable to gather information and prepare oral reports. After presentations, have students vote on which group is of most interest to them. Consider doing a service project to support the one of most interest the class majority. Check out www.kidactivities.net/post/Community-Service-Ideas-for-Kids.aspx and the book *The Kid's Guide to Service Projects* by Barbara A. Lewis.

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5. OUR END GOAL

 PRINTABLE:

Research Guide

Additional Resources

For more info...

Yash Gupta:

-  <http://sightlearning.com/>
-  yashgupta@sightlearning.com

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Pay It Forward Kids: Small Acts, Big Change

CHAPTER 4: A HOME IN HER HEART FOR THE HOMELESS

by Nancy Runstedler

Themes

- Encourage Others
- Pay-It-Forward
- Gratitude
- Compassion



What can kids do to make a difference? This book features the individual stories of young men and women such as Hannah Taylor from Manitoba Canada (Chapter 4). After witnessing a man eating out of a garbage can, Hannah became sad and worried for the homeless. Her mother encouraged her to do something rather than just be sad. So she did. Hannah has raised over two million dollars for food and shelters for the homeless but more significant is her desire to encourage others to do something-even if it's something little-it can make a difference.

Key Vocabulary

- Invisible:** not seen, hidden from view or hardly noticeable
- Gratitude:** the feeling of being thankful
- Charity:** a group that helps people in need
- Dedication:** never giving up, being devoted to something
- Humanitarian:** someone with concern for improving the welfare of people
- Entrepreneur:** someone who starts and operates a business

Discussion Starters

- 1. Why was Hannah bothered by the homeless?** *Answers will vary. She didn't like seeing a man eat out of a garbage can. She wanted to know WHY there were homeless? Wondered why people didn't just share what they had with those that don't have*
- 2. What do you think Hannah was grateful for?** *She felt lucky-she had many advantages in her life. Inferred that she had a home and food, unlike the homeless. What are YOU grateful for? Answers will vary.*
- 3. What inspired Hannah to do something instead of just feeling sad about homelessness?** *Her mother encouraged her to do something to make her heart feel better, Hannah's deep sense of gratitude, support from her 1st grade teacher. Supportive family, accepting friends, Hannah's sky is the limit attitude.*
- 4. Hannah was so grateful that she decided to Pay It Forward. Discuss what it means to Pay It Forward. Compare it to Pay it back. How is similar, how is it different? How did Hannah Pay It Forward?** *She raised money through bake sale, art sale, painted 1000 baby food jars and collected coins, established a charity, raised awareness by traveling and talking to groups, wrote a children's*
Never Give Up – her determination to do a variety of things from bake sales to coin collecting to meeting with corporate leaders, sky is the limit attitude
Encouraging Others – shares her inspiration to help others want to pay it forward
Do Your Best – through her hard work and dedication, her foundation has collected over \$2 million, she has won many awards for her best efforts

pay-it-FORWARD

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Pay It Forward Kids: Small Acts, Big Change

CHAPTER 4: A HOME IN HER HEART FOR THE HOMELESS

by Nancy Runstedler

Writing Prompts

Hannah said, "I used to think if you gave things away, you would have less, but I learned that when you give from your heart you get so much more back." Do you agree or disagree? What does it mean?

Write about what you can do to make a difference in the world. Remember – the sky is the limit! What would be your first steps to doing something instead of just writing about it?

Activities

Planning a Pay-It-Forward Event: Coin Drive

Facilitate classroom discussion about what "cause or community need" the class could support with a coin drive. What would it take to have a coin drive? Allow students to freely brainstorm as the you facilitates the discussion and helps them organize their thinking. Encourage them to think about ALL the details! We have provided a teacher's guide to help you get started.

Promo Flyer

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Research

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PRINTABLE:

[Research Guide](#)

Additional Resources

For more info...

Hannah Taylor:

- ✉ www.ladybugfoundation.ca
- ✉ ladybug.office@shaw.ca

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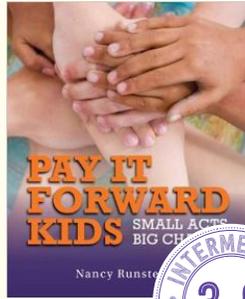
Pay It Forward Kids: Small Acts, Big Change

CHAPTER 12: PLAY IT FORWARD

by Nancy Runstedler

Themes

- Encourage Others
- Pay-It-Forward
- Kindness
- Compassion



Ethan Chase was inspired to share his passion for hockey by collecting used equipment to donate to other kids who were in need (chapter 12). What started out as accepting donations from friends and local businesses expanded to a fundraising effort and partnership much bigger than he ever imagined. His website Kidz Can Help and his desire to be a good citizen and keep kindness going resulted in a pay-it-forward success that made it possible for other kids to play hockey.

Key Vocabulary

- Dedicated:** to devote time, effort and/or passion to solving a problem
- Passion:** high enthusiasm or fondness of something
- Generosity:** willingness to give
- Charity:** something given to a needy person

Discussion Starters

- 1. What does Pay-It-Forward mean? What is the difference between Pay-It-Back and Pay-It-Forward?**
Answers will vary. Allow students to give their words to these phrases.
- 2. What was the event that started the ripple effect of Ethan's pay-it-forward kindness?**
He heard an interview with a player from Bosnian National Hockey Team. He learned that there was a lack of equipment and kids in Bosnia could not just go to the store and buy hockey equipment.
- 3. What kept the Pay-It-Forward movement going?**
Ethan's passion for hockey inspired him to do something that would encourage others to enjoy hockey like he did. The more he did, the more he recognized that other things needed done too (equipment, instruction, fees).
- 4. Make a list of the different things Ethan and friends did to raise funds and collect equipment.**
Accepted donations from friends, their hockey team, local hockey associations. Created website KIDZ CAN HELP to spread the word about their efforts and sell fundraising merchandise. Formed partnerships with local businesses. Held equipment drives, auctions, fund raisers. Contacted sports associations and asked them to offer learning programs for kids in needs (training, equipment and fees all provided). NOTE: This list can help inspire your students to THINK BIG when they attempt a Pay-It-Forward Service project.
- 5. Why would friends and family be willing to donate used sports equipment?**
Answers will vary. Want to help the cause. Want to help Ethan. Can't use them anymore-kids have outgrown them. Clean out the garage. Feels GREAT to help someone in need. Someone gave them something once and now they can pay it forward to someone else.

pay-it-FORWARD

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Pay It Forward Kids: Small Acts, Big Change

CHAPTER 12: PLAY IT FORWARD

by Nancy Runstedler

6. Have you ever been the recipient of a pay-it-forward gift – something that you were **NOT** expected to pay back but were asked to pay it forward to someone else?

Share stories about what happened and how it felt to receive and give to someone else.

Writing Prompt

Write a letter of encouragement to Ethan Chase. (Ethan's contact info: info@kidzcanhelp.ca)

Write a letter to share your ideas or story with Kidz Can Help.

Write a letter to ask for advice on gathering used equipment for a Pay-It-Forward Event at your school.

Activities

Planning a Pay-It-Forward Event: Sports Equipment Drive

How could you help others in your school/district who might want to play sports? Consider hosting an event where people can donate their unwanted, too small sports gear to meet the needs of others who might not be able to afford buying new gear. Work with local thrift stores or sport centers or youth organizations to help with donations, distributions and leftover equipment. We have provided a teacher's guide to help you get started. Facilitate a classroom discussion about what it would take to have a sports equipment drive. Allow students to freely brainstorm as you facilitate the discussion and help them organize their thinking.

Promo Flyer

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PRINTABLE:

Research Guide

Additional Resources

For more info...

Ethan and Noah Chase:

www.kidzcanhelp.ca

[www.twitter.com/KidzCanHelp](https://twitter.com/KidzCanHelp)

www.facebook.com/groups/kidzcanhelp

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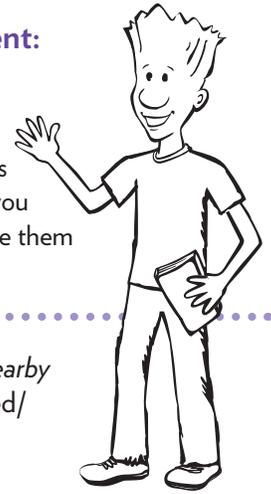
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TEACHER'S GUIDE to Planning a Pay-It-Forward Event: Children's Book Drive



Teachers, use this as a guide to start a class discussion about what it takes to have a Children's Book Drive. Allow students to freely brainstorm as you facilitate the discussion and help them organize their thinking. Encourage them to think about ALL the details - some are listed below!

PLAN

- What is the need in our community for kid books? (*A hospital, a nearby school, our own school, After School Care facility, etc.*) Do they need/want our help?
- What age range of books do we want to collect?
- What are the starting & ending dates of our drive?
- Do we have permission from the school/district for our drive?

PREPARE

- Who could we ask for books?
- How will we collect book donations?
- Where will we store the books until we deliver?
- How will we deliver the books to our community?

PROMOTE

- What should a flyer say? How will flyers be distributed?
- Who will make the fliers?
- Who will make collection boxes? Drop them off? Collect them?
- How else can we promote the event? *Ideas: Newspaper, local TV or radio, school website, PTA*



PRINTABLE:
Collection Box Label

PREDICT

- Estimate the number of books to be collected. Have students each write down their guesstimate on a post-it and add it to the goal sheet printable.



PRINTABLE:
Goal Sheet

PARTY

- Plan to celebrate your success. Help students to feel proud and excited that they paid kindness forward. What is a good celebration? Reading books with recipients of books, younger grade students? Eating popcorn? Allow time for each child to share how they feel about encouraging others by paying kindness forward?

Resources

Recommended Books...

- Doing Good Together: 101 Meaningful Service Projects...* by Jenny Friedman Ph.D.
- Kids Taking Action: Community Service Learning Projects, K-8* by Pamela Roberts
- The Giving Book: Open the Door to a Lifetime of Giving* by Ellen Sabin
- The Kid's Guide to Service Projects* by Barbara A. Lewis

Share

Tell us about your project (send us a photo and description) and it will be added to NED's Keep Kindness Going Gallery at theNEDshow.com! We may even select your project to receive a small donation from the All for KIDZ employee Pay-It-Forward Fund.



Children's Book Drive Box Label

Directions: Print copies of the label for the collection boxes.

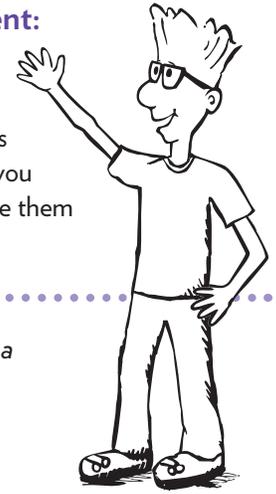


**DONATE
HERE**

Collecting Children's Books



TEACHER'S GUIDE to Planning a Pay-It-Forward Event: Eye Glasses Collection



Teachers, use this as a guide to start a class discussion about what it takes to have an Eye Glass Collection. Allow students to freely brainstorm as you facilitate the discussion and help them organize their thinking. Encourage them to think about ALL the details - some are listed below!

PLAN



- Is there already a collection project in your neighborhood (such as a Recycle center, eye doctor office, eyeglass retail stores, local Lions Group, Eagle Scout project)? Do they need/want our help?
- What are the starting & ending dates of our drive?
- Do we have permission from the school/district for our drive?

PREPARE



- Who could we ask for used eyeglasses? *Ideas: Old pairs from eyeglass wearers, lost and found departments (hotels, churches, restaurants, gyms)*
- How will we collect used eyeglass donations?
- Where will we store the eyeglasses until we deliver?
- How will we deliver the eyeglasses to the community?

PROMOTE



- What should a flyer say? How will flyers be distributed?
- Who will make the fliers?
- Who will make collection boxes? Drop them off? Collect them?
- How else can we promote the event? *Ideas: Newspaper, local TV or radio, school website, PTA*



PRINTABLE:
Collection Box Label

PREDICT



- Estimate the number of eyeglasses to be collected. Have students each write down their guesstimate on a post-it and add it to the goal sheet printable.



PRINTABLE:
Goal Sheet

PARTY



- Plan to celebrate your success. Help students to feel proud and excited that they paid kindness forward. What is a good celebration? Be sure the celebration provides time for reflection and discussion of how it feels to encourage others by paying kindness forward!

Resources

Recommended Books & Websites...

Doing Good Together: 101 Meaningful Service Projects... by Jenny Friedman Ph.D.
Kids Taking Action: Community Service Learning Projects, K-8 by Pamela Roberts
The Giving Book: Open the Door to a Lifetime of Giving by Ellen Sabin
The Kid's Guide to Service Projects by Barbara A. Lewis
 SightLearning.com, OneSight.org, Lions Clubs International: Eyeglass Recycling Centers

Share

Tell us about your project (send us a photo and description) and it will be added to NED's Keep Kindness Going Gallery at theNEDshow.com! We may even select your project to receive a small donation from the All for KIDZ employee Pay-It-Forward Fund.

Used Eye Glass Collection Box Label

Directions: Print copies of the label for the collection boxes.

 **CUT OUT**

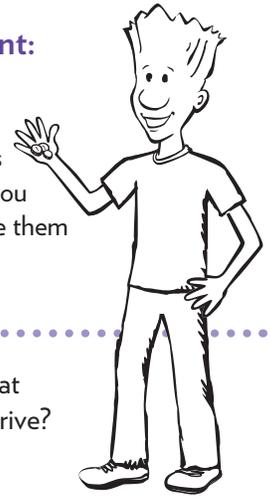


**DONATE
HERE**

Collecting Used Eye Glasses



TEACHER'S GUIDE to Planning a Pay-It-Forward Event: Coin Drive



Teachers, use this as a guide to start a class discussion about what it takes to have an Eye Glass Collection. Allow students to freely brainstorm as you facilitate the discussion and help them organize their thinking. Encourage them to think about ALL the details - some are listed below!

PLAN

- Are there coin drives already happening in your community-for what causes? Do they need/want our help or should we have our own drive?
- What are the starting & ending dates of our drive?
- Do we have permission from the school/district for our drive?

PREPARE

- Who could we ask for donations?
- How will we collect used eyeglass donations?
- How will we collect coins?
- Who will keep the coins?
- How will we give the coins to our selected cause?

PROMOTE

- What should a flyer say? How will flyers be distributed?
- Who will make the fliers?
- Who will make coin collection boxes? Drop them off? Collect them?
- How else can we promote the event? *Ideas: Newspaper, local TV or radio, school website, PTA*



PRINTABLE:
Collection Box Label

PREDICT

- Estimate the dollar amount to be collected. Have students each write down their guesstimate on a post-it and add it to the goal sheet printable.



PRINTABLE:
Goal Sheet

PARTY

- Plan to celebrate your success. Help students to feel proud and excited that they paid kindness forward. What is a good celebration? Be sure the celebration provides time for reflection and discussion of how it feels to encourage others by paying kindness forward!

Resources

Recommended Books and Websites...

Doing Good Together: 101 Meaningful Service Projects... by Jenny Friedman Ph.D.
Kids Taking Action: Community Service Learning Projects, K-8 by Pamela Roberts
The Giving Book: Open the Door to a Lifetime of Giving by Ellen Sabin
The Kid's Guide to Service Projects by Barbara A. Lewis
www.pennies.org

Share

Tell us about your project (send us a photo and description) and it will be added to NED's Keep Kindness Going Gallery at theNEDshow.com! We may even select your project to receive a small donation from the All for KIDZ employee Pay-It-Forward Fund.

Coin Drive Box Label

Directions: Print copies of the labels for the collection boxes.



 CUT OUT



Together, Let's
PAY-IT-FORWARD

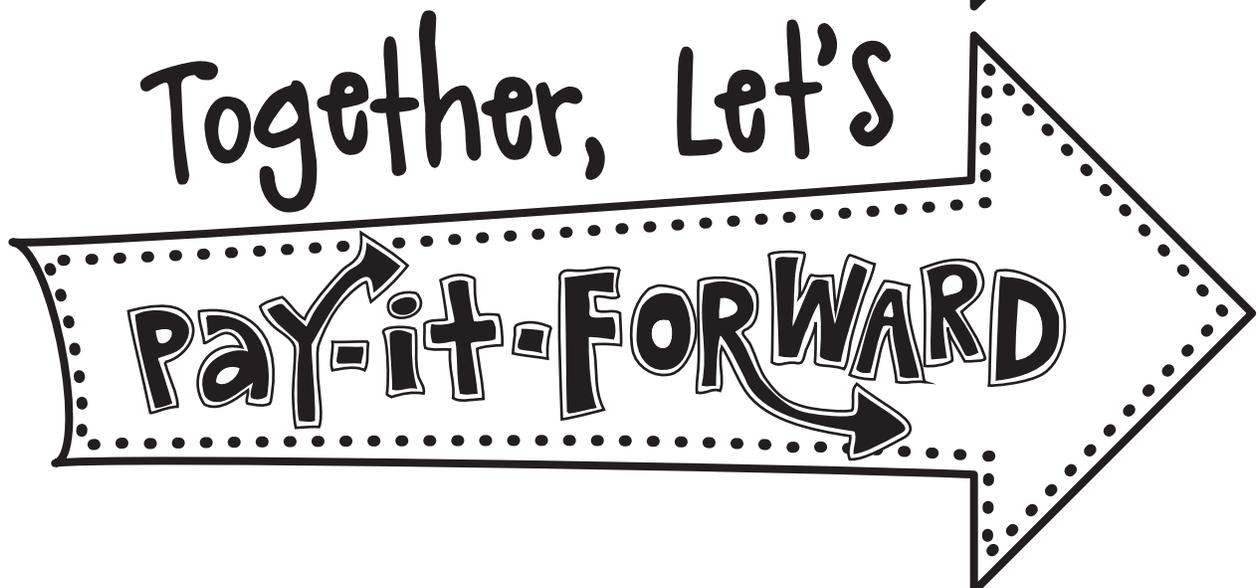
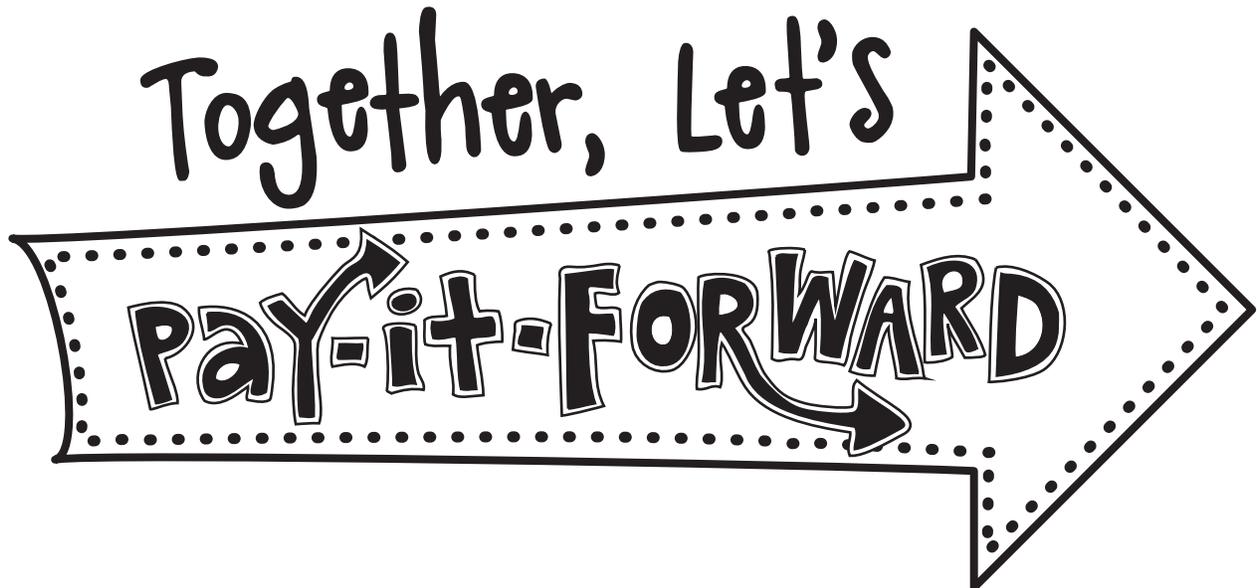
Together, Let's
PAY-IT-FORWARD

Coin Drive Box Label

Directions: Print copies of the labels for the collection boxes.



CUT OUT





TEACHER'S GUIDE to Planning a Pay-It-Forward Event: Sports Equipment Drive



Teachers, use this as a guide to start a class discussion about what it takes to have a Sports Equipment Drive. Allow students to freely brainstorm as you facilitate the discussion and help them organize their thinking. Encourage them to think about ALL the details - some are listed below!

PLAN

- What sports will we focus on? All sports? Baseball? Hockey? Football?
Note: Research KIDZ CAN HELP.ca. Contact them for assistance or ideas or motivation
- What are the drop-off date for donations & distribution date for give-away?
- How will we handle distribution? Where can we donate leftover equipment?
- Can we accept cash donations from local businesses? What will we do with anything left over after distribution?
- Do we have permission from the school/district for our drive?

PREPARE

- Where can we store dropped off equipment until the distribution date?
- Who could we ask for donations in addition to drop offs?

PROMOTE

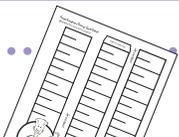
- What should a flyer say? How will flyers be distributed?
- Who will make the fliers?
- How else can we promote the event? *Ideas: Newspaper, local TV or radio, school website, PTA*



PRINTABLE:
Collection Box Label

PREDICT

- Estimate the number of pieces to be collected. Have students each write down their guesstimate on a post-it and add it to the goal sheet printable.



PRINTABLE:
Goal Sheet

PARTY

- Plan to celebrate your success. Help students to feel proud and excited that they paid kindness forward. What is a good celebration? Be sure the celebration provides time for reflection and discussion of how it feels to encourage others by paying kindness forward!

Resources

Recommended Books...

Doing Good Together: 101 Meaningful Service Projects... by Jenny Friedman Ph.D.
Kids Taking Action: Community Service Learning Projects, K-8 by Pamela Roberts
The Giving Book: Open the Door to a Lifetime of Giving by Ellen Sabin
The Kid's Guide to Service Projects by Barbara A. Lewis

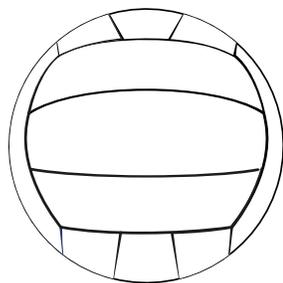
Share

Tell us about your project (send us a photo and description) and it will be added to NED's Keep Kindness Going Gallery at theNEDshow.com! We may even select your project to receive a small donation from the All for KIDZ employee Pay-It-Forward Fund.

Used Sports Equipment Collection Box Label

Directions: Print copies of the label for the collection boxes.

 **CUT OUT**



**DONATE
HERE**

**Collecting Used
Sports Equipment for Kids**



GIVING IS THEIR BUSINESS

Pick a philanthropic group to investigate!

Name of Organization	
Who is the founder? What is the story behind why they do what they do?	
What did they hope to accomplish? What were their goals?	
What was their plan or action steps? What obstacles, if any, did they have to overcome?	
What makes them a NED? How could N.E.D's message help them more? Be specific.	
What can be done to help them continue their work?	
Provide Contact Info	

