Friendship Soup

www.theNEDshow.com/lessonplans  Length 3:31

If friendship were a soup, what ingredients would be in it? In this whimsical 3 minute video, friends describe what ingredients are necessary to create ‘friendship soup.’

**Learning Target**

I can identify the ingredients of a healthy friendship.

**Discussion Starters**

**Remembering**

What are three friendship ingredients that you can recall from the video?
Can you name the ingredient that made the soup “sticky”?

**Understanding**

In this video, what is meant by Friendship Soup?
Paraphrase the boy’s definition of honesty. Can you provide an example when honesty was important to your friendship?
Summarize the girl’s definition of trust. Can you write your own definition of trust?
Explain the ingredient safety.

**Applying**

Is there an ingredient you wish you could add or remove from Friendship Soup?
Give a scenario where honesty can lead to an argument?

**Analyzing**

How is your “soup” different from friend to friend?
Why are different soups necessary for different friends?
Can you explain what would happen if your soup only had one ingredient?
Why did they take jealousy out of the soup? How does jealousy impact a friendship?
What is the role of respect during an argument?
Do all the ingredients in Friendship Soup need to be equal in portions?

**Evaluating**

Was there an important ingredient left out? Why would that ingredient be important?
How could “sticky arguments” be a good thing for a friendship?
Would others like your Friendship Soup recipe?
Are all ingredients in Friendship Soup equally important?

**Creating**

Instead of soup, what other metaphors could be used to talk about friendship?

**Key Vocabulary**

- 2 sticks kindness
- 1 gallon goofiness
- 3 cups having fun
- 3 pints honesty
- 1 teaspoon arguments (sticky)
- 3 tablespoons respect
- 1 1/2 cups safety
- 1 cup trust

**Build Background**

Explain to students that ‘Building Relationships’ is the theme of this video. Ask them to discuss what it means to ‘build’ a relationship. Primary students may identify traits. Challenge intermediate students to discuss why we often use construction-type language (e.g. build, make, form, develop) when talking about friendship.

**Build Background**

**Relationship Skills, Friendship**

- Build Background
- Key Vocabulary

**Student-Friendly Learning Target**

I can identify the ingredients of a healthy friendship.

**Aligned to Common Standards**

Every lesson plan aligns with grade-level standards in Reading, Writing, Speaking & Listening and Literacy.

Every lesson plan supports ASCA Mindsets & Behaviors.

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Choose the appropriate activity for the learners in your classroom:

**My Friendship Soup** Hand out the two page printable of the soup pot and ingredients. Instruct students to color both pages. Help student cutout the ingredients and glue or tape them to their pot to create their own ‘friendship soup.’ Challenge intermediate students to write three synonyms and one antonym for each word on the ingredient.

**Reader’s Theatre** Students can demonstrate what specific “friendship traits” look and sound like in everyday life scenarios.
1. Divide class into small groups of 4-5 students.
2. Assign a script recorder for each group. This person is responsible for writing the script with the ideas and supporting of the rest of the group.
3. Give each group a setting for their Reader’s Theatre: What do friends DO and SAY... at play, at camp, on the bus, at lunch, on a sports team, write your own!
4. Each member of the group is a character in the Reader’s Theatre script. Each person should name their character and choose one unique friendship trait (use the list of video key vocabulary words and/or any new words that you added after class discussion).
5. Each character needs a minimum of three lines of conversation/interaction with the other characters. Make sure the scripted lines for each character demonstrate their character trait in such a way that the audience will be able to identify what trait that character represents. NOTE for students: Don’t say your character is HONEST...SHOW him being honest without using the word honest!
6. Allow groups time to write a script and prepare to present their Reader’s Theatre Play to the class.
7. The audience students will evaluate the success of each group by identifying what trait each character best represented through their words and voice intonation. The audience students should share their reasoning for matching a trait to a character.

Choose the appropriate prompt for the learners in your classroom:

**Pair of Friends** Using the printable provided, instruct students to draw a pair of friends. They could be from a book or tv show, or they could be the student and a friend. Why are they friends? Help them complete this sentence: ______ and _______ are friends because ________.
(Example: “Drew and Matthew are friends because they ride the same bus home.”)

**Friendship Recipes** After watching the “Friendship Soup” video, instruct students to create the recipes for three of your friendships. Choose three different types of friends (for example, a peer, family member, pet, faraway friend, much older/younger friend, someone who you would like to know better). Write their names on the printable. Are there similar ingredients? Are your recipes quite different? What gives each friendship its flavors?
Name: ____________________________
kindness  safety
fun  respect
arguments
HONESTY
my special ingredient:
TRUST
goodness
Name: ____________________________

Directions: Draw a pair of friends below. They could be from a book or tv show, or they could be you and a friend. Why are they friends?

__________________________ and ____________________________

are friends because ____________________________

**Friendship Recipes** After watching the “Friendship Soup” video, create the recipes for three of your friendships. Choose three different types of friends (for example, a peer, family member, pet, faraway friend, much older or younger friend, someone who you would like to know better). Write their names on the cards below. Are there similar ingredients? Are your recipes quite different? What gives each friendship its flavors?