



## Lesson Plans

About Paying-It-Forward

Ages 5-8 Lesson Plans

### Every Lesson:

- Identifies **key vocabulary** and tricky phrasing
- Includes **discussion starters** and **questions to check for understanding**
- Features engaging **writing prompts**
- Includes **activities** and at least one **printable** activity or resource

### Aligned to Common Standards

Every lesson plan aligns with grade-level standards in **Reading, Writing, Speaking & Listening and Literacy** and supports age appropriate learning mindsets and behaviors.

Seven book-based lesson plans featuring the concept of 'Paying-It-Forward' through kind actions.

## LESSON PLANS FOR AGES 5-8

### Book Title and Author

### Printable Activities

### Big Ideas



### Kindness is Cooler, Mrs. Ruler

Margery Cuyler  
Illustrated by Sachiko Yoshikawa



- **Write and Color:** Student ideas on how to keep kindness going
- **NED's Number Line:** Use to count acts of kindness in the classroom

Encourage Others  
Acts of Kindness  
Sharing & Helping  
Happiness & Joy  
Service Projects  
Preventing Bullying  
Pay-It-Forward



### The Kindness Quilt

Nancy Elizabeth Wallace

- **I did it!** Writing about an act of kindness with the five Ws
- **Kindness Jar Label:** Collect acts of kindness and celebrate success



### Each Kindness

Jacqueline Woodson  
Illustrated by E.B. Lewis

- **Pay-It-Forward Kindness Chart:** Brainstorm and record ideas
- **Ripples of Kindness:** Start a ripple with an act of kindness



### ALL AGES Video & Lesson Plan

### Color Your World with Kindness 2:13 mins

©2013 by A Better World

- **Flow Chart:** Record kind acts as they are passed along



### Pay It Forward Kids: Small Acts, Big Change

Nancy Runstedler

Acts of Kindness  
Encourage Others

#### CHAPTER 3: Giving the Gift of Sight

- **Giving Is Their Business:** Philanthropic research guide
- **Service Project Tools:** Teacher's Guide, Eye Glasses Drive, Collection Box Label & Goal Sheet

#### CHAPTER 4: A Home in Her Heart for the Homeless

- **Giving Is Their Business:** Philanthropic research guide
- **Service Project Tools:** Teacher's Guide: Sports Equipment Drive, Collection Box Label & Goal Sheet

#### CHAPTER 11: Making the World a Better Place, One Book at a Time

- **NED's Newspaper:** Writing about an act of kindness with the five Ws
- **Service Project Tools:** Teacher's Guide, Children's Book Drive, Collection Box Label & Goal Sheet

#### CHAPTER 12: Play it Forward

- **Giving Is Their Business:** Philanthropic research guide
- **Service Project Tools:** Teacher's Guide: Coin Drive, Collection Box Label & Goal Sheet

## LESSON PLANS FOR AGES 8-12



## Video Lesson Plan

Color Your World with Kindness

### Themes

Encourage Others  
Acts of Kindness  
Sharing & Helping  
Happiness & Joy  
Preventing Bullying  
Pay-It-Forward



[www.thenedshow.com/kindness](http://www.thenedshow.com/kindness)

Is it possible to Color Your World with Kindness? This delightful, two-minute animated video by “A Better World” demonstrates that small acts of kindness can indeed change feelings and attitudes of others the whole world ‘round!

Animated video: ©2013 by A Better World  
Learn more about A Better World at [ABetterWorld.com](http://ABetterWorld.com)

### Discussion Starters

1. Recall the four events that kept kindness going in the video.



2. Describe how each kind act impacted the recipient.  
*Answers with vary. Stopped crying, went from sad to happy, smiles, gained confidence, heartwarming, less grumpy, contented, polite, joyful, etc.*
3. Why do you think the video was titled “Color Your World with Kindness”? When color was added to the video – what feelings were conveyed?  
*Answers will vary.*
4. Have you ever had someone do a kind act like this for you? How did you feel when someone did something unexpectedly kind for you?  
*Allow students to share similar stories.*
5. How does it feel when someone is unkind to you? How does it feel when you are unkind to someone? What do you gain by saying and doing unkind things?  
*Answers will vary.*



## Video Lesson Plan

Color Your World with Kindness



For lesson plans, a classroom video, bulletin board kit and student activities see our original lesson plan unit **Preventing Bullying** available at: [www.thenedshow.com/bullying](http://www.thenedshow.com/bullying)

6. Describe the relationship between the person who acts kindly and the person who receives kindness, from each scenario in the video.

*The boy and girl were probably students at same school and knew each other – they were sitting next to each other at lunch. Others did not seem to even know each other.*

7. Should we only be kind to classmates we know? Why or why not? How could it help make our school a safer place if more students were kind to others? Teacher Note: Be prepared to discuss “stranger danger” and only doing acts of kindness to strangers in the presence of a safe adult.
8. Should we be kind to classmates at school who are unkind to us? What about being kind to a bully?
9. What might happen if everyone was kind to the school bully? Do you believe that kindness has the power to change how a bully feels and acts?

## Activities

### More than Nice!

Brainstorm a list of positive, “feel good” words appropriate for the age of your students. Create a class word chart so that students have multiple word choices to use when talking and writing about positive feelings. Suggest older students create their own wordle (see the free word cloud generator at [www.wordle.net](http://www.wordle.net)).

PRINTABLE:  
Flow Chart

### Pay It Forward

What can you do to keep kindness going? Kindness has the power to change how people feel, think, and treat others. Try being kind to someone who has been unkind to you and see where it goes. Record each act on the printable provided.

### Additional Bullying Prevention Support

Have a discussion with your students about NEVER GIVING UP on helping their school

to be safe. ENCOURAGE them to be Upstanders when they see unkind acts and DO THEIR BEST to be kind to all students - even a bully. Could a simple act of kindness have an impact on how a bully things, speaks, and acts? What if all students in the school were kind to the bully? For more support - Use NED's Preventing Bullying video and lesson plans at [www.thenedshow.com/bullying](http://www.thenedshow.com/bullying).



### Additional Resources

#### For more info...

A Better World website:  
[ABetterWorld.com](http://ABetterWorld.com)

#### Create a Kindness Day at Your School!

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#### Kindness Button

Did you know you can purchase NED's kindness buttons for your class? Visit [www.thenedshow.com/shop\\_ned](http://www.thenedshow.com/shop_ned). Use them as a reward or incentive to encourage your students as they pay kindness forward!



**KEEP**

**KINDNESS**

**GOING**

**GOING**

**GOING**

My Act of Kindness

My Act of Kindness

My Act of Kindness

My Act of Kindness

My Name: \_\_\_\_\_

My Name: \_\_\_\_\_

My Name: \_\_\_\_\_

My Name: \_\_\_\_\_

**Directions:** Show someone kindness! Then, describe your act of kindness in the first box and pass the paper on to someone else in order to keep the kindness going!

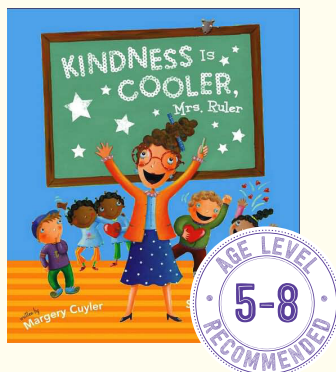


# Kindness is Cooler, Mrs. Ruler

by Margery Cuyler and illustrated by Sachiko Yoshikawa

## Themes

Encourage Others  
Pay-It-Forward  
Acts of Kindness  
Service Projects



Even kindergartners can make a difference when they all work together to do acts of kindness. Mrs. Ruler's class builds a kindness bulletin board but they soon find that their classroom isn't big enough to show the many different ways that students can be kind to others. Author Margery Cuyler inspires children of all ages to have a heart and pay kindness forward.

### Key Vocabulary

**Kindness:** *doing something nice or good or caring for someone else*  
**Scowled:** *to make an angry frown*  
**Good Deed:** *a good act, action or work*  
*Doing something nice for someone else*  
**Grated (cheese):** *to rub against a tool with small sharp edges, cutting the cheese into small pieces*  
**Blackboard:** *smooth, hard writing surface to write on with chalk. Often black.*  
**Canes:** *a stick that helps someone walk*  
**Bravo:** *a saying that means good or well done*  
**Exclaimed:** *to say in a loud voice*  
**Congratulate:** *to praise when a good thing happens*  
**Gerbil:** *small mouse-like creature with a furry tail*  
**Community:** *your neighborhood. Usually includes homes, schools and businesses*  
**Hooray:** *something you say when you are excited or encouraging someone*  
**Manners:** *proper behavior, polite conduct*

### Tricky Phrases

**Count on me:** *do what is expected, or what was promised to do*  
**Puppy chow:** *food for a young dog*  
**Shelved books:** *to put the books away on a bookcase*  
**Skinned her knee:** *scraped the skin off her knee, a boo-boo*  
**Ran for cover:** *what you might say when running away for protection*

## Pay-It-Forward

When your school had The NED Show, most likely it was gifted to you by another school. So...when you bought a yo-yo after the assembly, you helped pay-it-forward to the next school. Now that's keeping kindness going!

### Aligned to Common Standards

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## Discussion Starters

1. Why was the class "jumpy and grumpy"? It was rainy all week and they hadn't been able to move and play outside. What kinds of things were they doing? Teacher Note: encourage students to use illustrations and text to provide answers. *Whispered during story time, staring off in space, falling asleep, playing with paper, throwing things, playing ball, swinging legs, kicking ball, looking out the window, pulling hair, stealing hat.* Has our class ever been like that? What kinds of things do we do when we are jumpy and grumpy?
2. What was the consequence for the five students who Mrs. Ruler kept in from recess? She challenged them to perform five acts of kindness for their families and then share with the entire class.



## Kindness is Cooler, Mrs. Ruler

by Margery Cuyler and illustrated by Sachiko Yoshikawa

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3. What did it mean when Mrs. Ruler said “Good deeds fill needs”?

*Answers will vary: Look for something that someone else needs done. When you help, you are doing a good deed.*

4. What were some of the examples of the good deeds that Anaya and Tawana did at home? *They made special placemats, drew hearts on napkins to say they loved their mom, grated the cheese for dinner, helped make the salad, loaded dishwasher, etc.* What was their mom’s reaction to their good deeds? *It put her in a good mood and then they wanted to do more nice things for her.*

5. What good deeds did David do on the first day? *He didn’t do any.* What was Mrs. Ruler’s reaction? *She encouraged him to not give up and try harder*

6. Share some of the ways that Raquelita and Connor practiced being kind.

*Walked the dog, played ball with the dog, filled his water dish, played blocks with little brother, helped carry groceries in the house.*

7. What did David finally do to be kind to others?

*Complimented his brother and shared his comb.*

8. Why did Mrs. Ruler make it a class project instead of just for the 5 students? *The other children wanted to try it too.* What did they do with all their acts of kindness? *Wrote them on hearts and make a bulletin board.*

10. The E in NED’s name stands for Encourage Others. What are some ways you could encourage others in our school and our community by paying forward kindness?

*NOTE: The story itself does NOT tell what the children and their families did in the community but the author listed 100 Acts of Kindness in the back of the book. Help your students think of kind things they could do to PAY-IT-FORWARD and keep kindness going!*

### Writing Prompt

 PRINTABLE:

Write and Color

Discuss ways to be kind to other students in the class. Then have each student pick their favorite action and draw it. Use dictation or student writing to have then talk about their pictures and write the words that they use to talk about their pictures.

Throughout the day – the teacher can choose one of the pictures and have the student explain their act of kindness. Then have all students stand up and start the pay-it-forward process by finding someone in the class to pay it forward to, spreading the kind act from student to student to student. After each child pays-it-forward – they should sit down until there is only one child left standing. Encourage that child to pay-it-forward to someone in another class at recess or after school! Remind students that they can ALL pay it forward to someone new as they become more like NED and keep kindness going.





# Kindness is Cooler, Mrs. Ruler

by Margery Cuyler and illustrated by Sachiko Yoshikawa

## Activities

### 100 Acts of Kindness

Many classrooms count the first 100 days of schools. Consider adding a count for each day that someone encourages others and extends kindness. Make it part of your daily calendar activity as you count 1-100. You can write them on a chart, make a heart bulletin board, have students share, or use a special counter to keep track of kindness (using heart-shaped paperclips, etc.). Just like in the book, integrate math into your special collection of 100 hearts as you encourage your classroom to keep kindness going. This project can also be done as part of a Valentine's Day celebration in your classroom.

PRINTABLE:

Count to 100

### Pay-It-Which-Way?

Discuss and model the difference between back-and-forth kindness and pay-it-forward kindness. Model kindness with the demonstration described here. ----->

Being kind usually begins with those closest to you-big brother, mom, dad, sister, and then it can extend to students at school that you play with and consider friends. Being kind isn't always about being kind because someone was kind to you first. It is usually easy to be kind to someone if they are kind to you first – but what about when someone isn't kind to you – or if they are even mean to you? Can you be kind to someone and expect nothing in return – that's how you keep kindness going by paying-it-forward!

### Pay-it-Which-Way Demonstration:

*Model 'back-and-forth kindness' by saying kind words, just between each other.*

1. Pick two students to come to the front of the classroom
2. Ask them to each say something kind to the other. To emphasize the point, have them go back and forth a couple of times.

*Then, have students model 'pay-it-forward kindness' by starting a linked arm chain until everyone in the class is part of the chain.*

1. Start off by saying something kind about one student.
2. That student will join you in the front of the room.
3. The student now calls out another student's name and says something kind. That student joins the chain. The chain keeps growing until ALL students in the room are part of the chain.
4. Discuss what could happen when the last student is added to the chain!

### Additional Resources

#### For more info...

Accelerated Reading Quiz:  
118479  
Author website:  
[www.margerycuyler.com](http://www.margerycuyler.com)

#### Create a Kindness Day at Your School!

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#### Kindness Button

Did you know you can purchase NED's kindness buttons for your class? Visit [www.thenedshow.com/shop\\_ned](http://www.thenedshow.com/shop_ned). Use them as a reward or incentive to encourage your students as they pay kindness forward!

Name: \_\_\_\_\_

Directions: Color NED and write a sentence about how you can keep kindness going.



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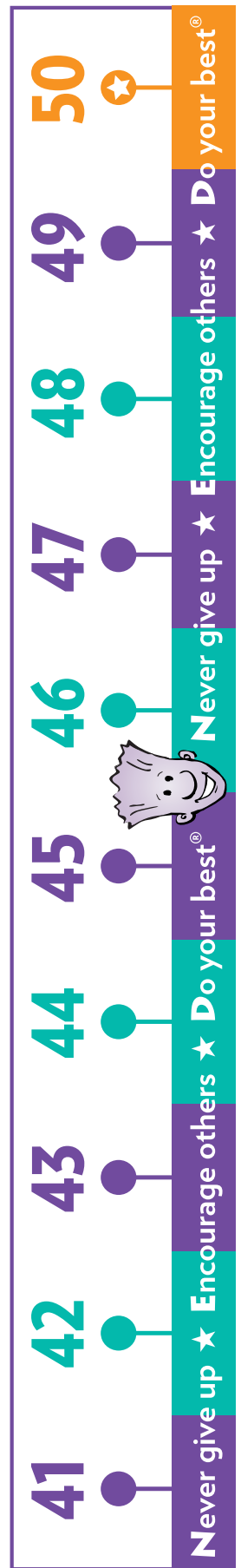
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51	52	53	54	55	56	57	58	59	60
●	●	●	●	●	●	●	●	●	★
Never give up ★			Encourage others ★		Do your best®		Never give up ★		
Encourage others ★			Do your best®		Encourage others ★			Do your best®	

61	62	63	64	65	66	67	68	69	70
●	●	●	●	●	●	●	●	●	★
Never give up ★			Encourage others ★		Do your best®		Never give up ★		
Encourage others ★			Do your best®		Encourage others ★			Do your best®	

71	72	73	74	75	76	77	78	79	80
●	●	●	●	●	●	●	●	●	★
Never give up ★			Encourage others ★		Do your best®		Never give up ★		
Encourage others ★			Do your best®		Encourage others ★			Do your best®	

81	82	83	84	85	86	87	88	89	90
●	●	●	●	●	●	●	●	●	★
Never give up ★			Encourage others ★		Do your best®		Never give up ★		
Encourage others ★			Do your best®		Encourage others ★			Do your best®	

91	92	93	94	95	96	97	98	99	100
●	●	●	●	●	●	●	●	●	★
Never give up ★			Encourage others ★		Do your best®		Never give up ★		
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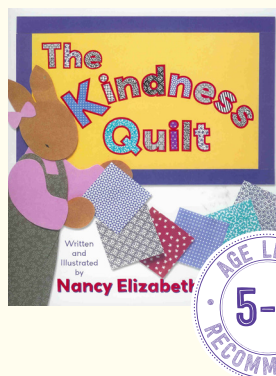


# The Kindness Quilt

by Nancy Elizabeth Wallace

## Themes

Encourage Others  
Pay-It-Forward  
Acts of Kindness  
Service Projects



Minna and her classmates have been asked to work on Kindness Projects. Her acts of kindness keep growing and she can't decide which ONE she will use for the project so she uses all 4 of them and puts them together to build a kindness square. She soon discovers that kindness can grow and grow and grow and pretty soon everyone is "encouraging others" and helping out!

## Key Vocabulary

**Quilt:** sewn together fabric shapes to make a new piece of patterned fabric

**Scampering:** to run quickly or playfully

**Snoozing:** a short nap

**Plucked:** to pick off

**Scurrying:** to move quickly or in a hurried way

**Gnawed:** to bite or chew on again and again

**Practice:** to repeat or do over and over in order to get better

**Celebrate:** to party in honor of something special

**Community:** people, homes, schools and businesses in the same part of town

**Litter:** pieces of paper and trash scattered around where it shouldn't be

**Moral of a fable:** the good message in the story – what you can learn from the story

## Discussion Starters

### 1. What is a fable?

*A short story that teaches a lesson, the characters are usually talking animals*

### 2. What was the lesson to be learned in the fable Mrs. Bloom read to the students?

*In the fable, the lion decided not to snack on the mouse and instead let the mouse go. Later the mouse helped the lion. This showed kindness back-and-forth between the two animals. Who was the lion kind to? Who was the mouse kind to? Use a pendulum or a teeter totter or a scale to demonstrate back-and-forth kindness.*

### 3. The E in NED's name reminds us to Encourage others. How do you feel when someone encourages you with kindness? Do you feel the same way when YOU encourage others with kindness?

*Answers will vary. Kindness makes me smile, makes me happy, feels good. Being kind to someone can make you smile, feel happy and feel good too!*

### 4. Discuss the difference between 'back-and-forth kindness' and 'pay-it-forward kindness.'

*Answers will vary. Back and forth means – you are kind to me and in return, I am kind to you. Pay it Forward kindness is when you are kind to someone with nothing expected back. You may not know this person but you choose to be kind in hopes that you can make them a little happy and then they will be kind to someone else. Sometimes you are kind to others who are not kind in return. Use a scale to demonstrate balancing out kindness by going back and forth with kindness. Show how sometimes you give out kindness and get nothing in return.*

## Pay-it-Forward

When your school had The NED Show, most likely it was gifted to you by another school. So...when you bought a yo-yo after the assembly, you helped pay-it-forward to the next school. Now that's keeping kindness going!

## Aligned to Common Standards

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# The Kindness Quilt

by Nancy Elizabeth Wallace

## 5. Is it easy to be kind to someone who is kind to you? How does it make you feel?

*Answers will vary. It is often easy to be kind back and forth. Remind students to be kind because it makes them feel good.*

## 6. How do you feel when you are kind to someone who hasn't been kind to you? How do you feel if someone has been kind to you and you weren't kind to them? How does it feel when you are unkind to someone?

*Answers will vary. Some will say it feels strange when someone "pays back" unkindness with kindness. You may wonder why they did that. It may stop you from being unkind because you realize how odd it feels when they are nice to you for no good reason. Sometimes you can lose an enemy and make a friend by "paying back" unkindness with kindness.*

## 7. When you pay kindness forward, you are not expecting kindness in return. Give examples from the book of how kindness was paid forward from one person to another and so on.

*Jadelyn was kind to Keisha (gave her an apple)  
Then Keisha was kind to Zack (shared the computer)  
Then Zack was kind to A.J. (helped build blocks)  
Then A.J. was kind to Minna (shared yellow cards)*

PRINTABLE:

Writing Prompt

## Writing Prompt

**I did it!** Choose one act of kindness that you can pay forward today at recess or lunch. Afterwards, write in your journal about the experience and focus on the *who, what, when, where* and *why*. Don't forget to write *how* you felt!

## Activities

### Do IT!

Have two students come up and model kindness back-and-forth by saying kind words, just between each other. To emphasize the point – have them go back and forth a couple of times.

Then have the children model pay-it-forward (with kind words) by starting a linked arm chain until everyone in the class is part of the chain. Teacher starts by saying something kind about one student. That student joins the teacher in the front of the room. The student now calls out another student's name and says something kind. That student joins the chain. The chain keeps growing until ALL students in the room are part of the chain.

**ASK: Now what? How can we pay-it-forward from our classroom?** Answers will vary. Help students brainstorm how to pay kindness forward to their families, their school and their community. Help them come up with ideas and categorize them appropriately. Have students share new ideas throughout the week and keep the list growing.

FAMILY KINDNESS	SCHOOL KINDNESS	COMMUNITY KINDNESS
Offer to help wash dishes	Pick up trash on playground	Pick up trash in your neighborhood
Take care of a pet ( <i>when it's not your job</i> )	Deliver message to office	Help neighbor with a project
Do an extra chore	Ask someone new to eat lunch with me	Donate clothes & toys to those in need
Help a sibling	Straighten up a mess in the classroom	Collect pennies for a good cause
Clean up a mess someone else made	Share supplies with someone who has none	Write thank you note to police or firemen



PRINTABLE:  
*Kindness Jar*

Example:

### Kindness Jar

Create a classroom Kindness Jar. For each act of kindness witnessed, add a dried bean to the jar. When the jar is full, have a celebration. (The beans could become jelly beans and enjoyed by all students!)

NOTE: Have private conversations with students who are doing unkind acts and explain that it's like taking two beans out of the jar because unkindness often does a lot more damage than a small act of kindness. Encourage students to do two acts of kindness to undo an unkind act!



#### Additional Resources

#### For more info...

Accelerated Reading Quiz:  
110112  
Author website:  
[www.nancyelizabethwallace.com](http://www.nancyelizabethwallace.com)

#### Create a Kindness Day at Your School!

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Name: \_\_\_\_\_

I did it! Draw a picture and write a sentence about an act of kindness you did today.



\_\_\_\_\_

\_\_\_\_\_

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\_\_\_\_\_

\_\_\_\_\_



## Classroom Kindness Jar Label

**Directions:** If possible, print on full-sheet label paper. Cut out the label and attach to a jar.

 **CUT OUT**



## Classroom Kindness Jar Label

**Directions:** If possible, print on full-sheet label paper. Cut out the label and attach to a jar.

 **CUT OUT**



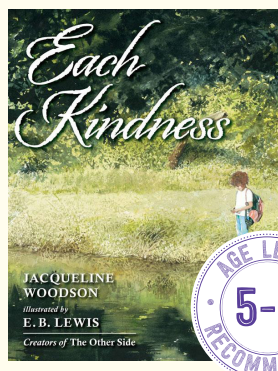


# Each Kindness

by Jacqueline Woodson and illustrated by E.B. Lewis

## Themes

Encourage Others  
Pay-It-Forward  
Kindness  
Friendship



Maya tries to befriend Chloe without success. After Maya moves away, Chloe begins to understand that small acts of kindness have a ripple effect that can change the world. Although she missed her opportunity with Maya, Chloe might be able to pay-it-forward the next time now that her heart understands more about how kindness moves forward.

## Key Vocabulary

**Fingers laced together:** 2 people holding hands with fingers of one hand in the spaces of the other (demonstrate)

**Tattered:** torn and ragged, possibly piece hanging off

**Secondhand store:** place to be pre-used clothing and things

**Rippled:** to move or flow outward, starts small and gets bigger and wider as it goes out

## Discussion Starters

### 1. Why do you think the other students were not very nice to the new girl, Maya?

Answers will vary. Bad appearances, clothes looked old and ragged, shoes were “spring” shoes not meant for snow, one shoe strap was broken, shy (whispered hello), already had other friends, unkind.

### 2. How do think Maya felt? How did she react to their unkindness?

Maya kept trying, even though when she smiled there was no smile in return. Maya looked towards Chloe but she looked the other way. She invited them to play with her jacks and ended up playing by herself. She kept bringing other toys for them to play with even though they said no. Maya never gave up trying to be friends with them. She also didn't let them stop her having fun (she played by herself). NOTE: Show students the illustrations again to see if there are visual clues to how Maya felt.

### Activity: Ripple Demonstration

Model the kindness lesson the teacher did in the book. Fill a large bowl with water and drop a small stone in it. Have students describe the tiny waves that ripple out, away from the stone.

Explain that kindness is like this...each little thing we do goes out, like a ripple into the world. Add to the explanation that the rings don't always touch each other but rather they move further away from the center. Kindness can be like this if you pay-it-forward...it keeps rippling out to different people and can get bigger and bigger, touching more people.

### 3. Why did Chloe not drop her stone in the water?

Answers will vary. She didn't feel she had done anything kind, especially to Maya.

### 4. What changed after Maya was gone? How did she feel?

Chloe felt regret that she had not done anything kind. She wished she had acted differently.

### 5. If NED were a student at the school, how could he have encouraged Chloe?

## PAY-IT-FORWARD

When your school had The NED Show, most likely it was gifted to you by another school. So...when you bought a yo-yo after the assembly, you helped pay-it-forward to the next school. Now that's keeping kindness going!

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# Each Kindness

by Jacqueline Woodson and illustrated by E.B. Lewis

## Writing Prompts

### What Happens Next?

*Teacher Note: These prompts work as an interactive class writing activity or individual writing. Brainstorm and discuss what might happen after this story ends. Chloe missed the first opportunity with Maya but she should look for the next opportunity. Will she respond differently? How will it impact others? What happens next for Maya? Is it possible for Chloe's next act of kindness to be paid forward all the way to Maya?*

### Journal Writing Prompt

Ms. Albert said, "Each kindness makes the whole world a little bit better." Write about a kindness that *you* can pay forward that might make the world a little bit better.

## Activities

### The Human Pay-It-Forward Chain

Have students model paying-it-forward! Start a linked arm chain until everyone in the class is part of the chain. Begin by saying something kind about one student. The student joins you in the front of the room. That student now calls out another student's name and says something kind. That student joins the chain. The chain keeps growing until all students in the room are part of the chain.

### Pay-It-Forward Kindness Chart

Ask: "Now what? How can we pay-it-forward from our classroom?" Answers will vary. Direct student to see that kindness can be paid forward at home, school and community. Divide students into three groups and assign each one of the columns on the printable. Have each group brainstorm and record their ideas for paying kindness forward. Each group should take five minutes to list as many ideas as they can and then pass it forward to the next group who reads their ideas and adds new ideas. Keep passing it forward until all students have contributed to all three categories.



PRINTABLE:

PIF Kindness Chart



PRINTABLE:

Ripples of Kindness

### Ripples of Kindness

Use the printable to create ripples of kindness in the classroom. Each student starts by extending kindness to someone. That student then pays-it-forward to someone else. How big can your ripple of kindness get?

## Additional Resources

### For more info...

Accelerated Reading Quiz:  
153501  
Author website:  
[www.jacquelinewoodson.com](http://www.jacquelinewoodson.com)

### Create a Kindness Day at Your School!

Check out all the activities, available at [www.thenedshow.com/kindness](http://www.thenedshow.com/kindness), for creating an all-school celebration of kindness at your school! Daily announcements, a poster, a bulletin board kit, kindness cards and more can help kick start a Kindness Day!



### Kindness Button

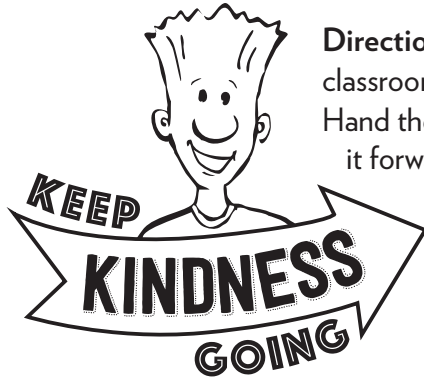
Did you know you can purchase NED's kindness buttons for your class? Visit [www.thenedshow.com/shop\\_ned](http://www.thenedshow.com/shop_ned). Use them as a reward or incentive to encourage your students as they pay kindness forward!



Name: \_\_\_\_\_

Kindness can be paid forward at home, school and community. How can you pay-it-forward? Record your ideas for paying kindness forward in the three columns. List as many ideas as you can!

Family Kindness	School Kindness	Community Kindness
Set the table for dinner	Pick up garbage at recess	Collect socks for homeless



**Directions:** Create a ripple of kindness in your classroom by writing a kind sentence about someone. Hand the paper to that person. That student then pays it forward to someone else by writing a kind sentence about someone else. **How big can your ripple of kindness get?**

NED encouraged me to do my best





